



8/10/26 Morning Report with @CPSolvers

"One life, so many dreams" **Case Presenter:** (Mattia) **Case Discussants:** (Youssef@saklawi) & (Sawsan@sawsan_Hs)
<https://clinicalproblemsolving.com/present-a-case/>



Scribing (Seeme): CC: 90 y old FM with progressive dysphagia and 10kg weight loss over several months HPI: mainly difficulty swallowing solids, no difficulty with liquids and weight loss upto 10 kg with BMI 17.6 ROS: no fever, vomiting, melena or odynophagia Due to hyperglycemia, patient started on insulin		Vitals: T: 36.8 HR: 82 BP: 132/68 RR: nl Sat: nl BMI: 17.6 Exam: Gen: cachectic but alert HEENT: dry oral mucosa CV: wnl Pulm: wnl Abd: wnl Neuro: wnl Extremities/skin: wnl	Problem Representation: A 90 y old FM presented with weight loss and dysphagia, was found to have elevated hbA1c and GAD65 antibodies were found to be elevated.
PMH: Progressive dysphagia Med: esophageal web -	Fam Hx: Social Hx: Health-Related Behaviors: Allergies: -	Notable Labs & Imaging: Hematology: WBC: nl Hgb: 14 Plt: nl MCV: nl Chemistry: Electrolytes and Cr: nl Glu: elevated hbA1c: 6.2→13 AST: nl ALT: nl ALP: nl T. Bili: nl T. protein: nl Alb: nl ESR: nl CRP: LDH: Ferritin and transferrin saturation: nl Imaging: EGD: prox. Esophageal web EGD biopsy: H. pylori neg C-peptide: low, GAD 65: elevated US: unremarkable Dx: Latent Autoimmune Diabetes in Adults (LADA)	Teaching Points (Simmy): Approach to Dysphagia: Classify the symptom- Oropharyngeal vs Esophageal. OR Dysphagia to Solid(Fixed obstruction) or Liquid(Growing mass). Associated symptoms such as regurgitation, food getting stuck, neurological symptoms. Identify the red flags(weight loss) AND Risk factors. - Look for involvement of muscle or nerve. Externally compression the esophagus OR Luminal compression—>Motility Disorders. - Esophageal Web: Think about the “Plummer Vinson Syndrome(IDA+Dysphagia+Esophageal Web) - IDA: Look for secondary causes such as H Pylori, getting an EGD, Nutritional Deficiency. - Uncontrolled DM can attribute to the autonomic dysfunction such as Gastroparesis. - Newly diagnosed Diabetes Approach according to the age groups.